### Practitioner Training in

**COGNITIVE ANALYTIC THERAPY (CAT)**

One Year Foundation course

**Application Procedure**

## HOW TO APPLY

Applicants are invited to submit

1. Application form (including details of referees)
2. A CV
3. Details of source of referrals, assessment arrangements and venue for seeing clients.

In addition, applicants are asked to write:

1. A personal supporting statement of around 750 words giving an indication of:
   * your current therapeutic approach;
   * what you hope to gain from training in CAT;
   * why it is important for psychotherapists to develop an understanding of their own emotional life.
2. One case summary of around 500 words.

Short-listed applicants will then be invited for interview.

Please send your application to the Catalyse administrator at [admin@catalyse.uk.com](mailto:admin@catalyse.uk.com).

*\*Application fees to be paid online please, at this link:*[*https://catalyse.uk.com/shop/cat-practitioner-application-fees-2025/*](https://catalyse.uk.com/shop/cat-practitioner-application-fees-2025/)

**Closing date for applications**: TBA

**Principal date for interviews**: TBA

<https://catalyse.uk.com/training/cat-foundation-graduate-entry/>

*\*Please note it is not possible to proceed to the next phase of the application process without payment of the relevant fee.   
Catalyse is unable to take telephone payments, and cannot invoice for application or interview fees.*