

Practitioner Training in COGNITIVE ANALYTIC THERAPY (CAT) October 2025 – October 2027

Application Procedure

HOW TO APPLY

Applicants are invited to submit

- Application form (including details of referees)
- A CV
- Details of source of referrals, assessment arrangements and venue for seeing clients.
- Initial plans or ideas for supervision (please complete the downloadable Supervisor Statement form)
- A personal supporting statement of around 750 words giving an indication of:
 - your current therapeutic approach;
 - what you hope to gain from training in CAT;
 - why it is important for psychotherapists to develop an understanding of their own emotional life.
- One case summary of around 500 words (*A brief account of a 1:1 therapy you have delivered, using any model or approach*)

Note: Those applying for the NHSE funded pathway should additionally address what CAT will bring to their work with clients with complex early trauma.

Shortlisted applicants will then be invited for interview.

Please send your application & initial application fee of £25, payable by online link* to the Catalyse Administrator – email: admin@catalyse.uk.com (Tel: 07842 137745).

It is not possible to proceed to the next phase of the application process without payment of the relevant fee.

Closing date for applications: 30th May, 2025

Principal date for interviews: 27th June, 2025

* Please [pay the application or interview fee online by clicking here](#). Before proceeding to pay online, [please ensure you read and understand our terms and conditions](#).

[Please note Catalyse is unable to accept payments by telephone, nor can we invoice for application fees].