# Catalyse – Advance Supervision Statement 2025

The Catalyse recruitment co-ordinator finalises supervision arrangements 1-2 months before the start of the course. We usually contact those offered places after interviews to ask what arrangements, if any, you may have for supervision. However, it may be helpful for you to know a little more about this process and be thinking about this in advance. It is also always helpful for us to know if you already have a potential supervision arrangement and/or placement arranged to start the course.

We are therefore inviting you to submit this statement with your application for the course. Please submit it even if you have no arrangement and are not aware of any potential local supervisors. We will ask for any updates after the recruitment process.

Training cases and supervision

Trainees must be supervised by ACAT accredited supervisors. Supervision usually takes place face to face on a weekly basis for 1.5 hours in groups of three trainees or 1 hr in a group of two. ACAT guidelines indicate that supervision should occur in a group and that at least 50% of supervision meetings should be in person. Where this guidance can’t be met we will seek to agree the best fit possible.

You will be expected to remain in supervision until the completion of all clinical work, which normally takes a minimum of two years. You should aim to start seeing patients shortly after the start of the course and to carry two clients concurrently at any given time. NB *Any fees held by Catalyse are usually for two years and if you overrun you may need to seek more funding*

There are different arrangements for supervision, usually one of following

1. Supervision may be available from accredited CAT supervisors free of charge in exchange for a clinical placement within an NHS trust where CAT is available
2. Supervision may be available from accredited CAT supervisors free of charge within your place of work.
3. You see clients from your own service and have supervision that is funded through fees paid either to the supervisor directly or paid to Catalyse who pays the supervisor

There may be variation in your clinical work and supervision needs/arrangements for year 2 and these can be reviewed as required.

Where possible we try to organise supervision groups within a reasonable travelling distance from either your home or your work address. However, sometimes trainees have to travel a distance to receive supervision when it is not available locally. Please indicate below your home and work locations (being as specific as possible, eg town/city and first half of post code such as M20) and any preference you have about the location of supervision:

1. My work location is:
2. My home location is:
3. I would prefer supervision to be accessible from:

There are various ways in which supervision can be provided and funded and it would be helpful if you could indicate below what arrangement you want to make (or have already made).   
If you are unsure at present, please explain this under ‘**Comments**’.

1. I have arranged/would like to request (**please delete as appropriate**) a placement in an NHS (or other) setting and to receive supervision free in exchange for the training cases I see there.

Setting and name of supervisor if known:

1. I will see training cases in my own work setting and will have supervision from a CAT accredited supervisor at my work.

Name of supervisor if known:

1. I will see training cases in my own work setting and would like supervision from a supervisor outside my work.

Name of supervisor if known:

1. This supervision will be paid for by my employer/NHSE funding
2. I will pay for the supervision myself
3. I will pay for ……. (percentage or ££) of the supervision costs and my employer will pay for ……. (percentage or ££) of the supervision costs.
4. I confirm my supervision arrangements will be on a weekly basis and largely face to face
5. in a group with other CAT trainees or practitioners
6. run by an accredited CAT superivor

**Comments:**

Name:

Phone number:

E-mail address:

Please submit this form along with your CAT training application to: [admin@catalyse.uk.com](mailto:admin@catalyse.uk.com)