Catalyse Practitioner Training

Record of prior training for trainees applying to join the 2nd year

**Name:**

I have completed an ACAT accredited Foundation Course. I now wish to join the   
2nd year of Catalyse CAT practitioner training.

I attach my ACAT Accreditation form with brief summary below:

***NB We welcome applicants who are progressing towards this award but have not completed all components at the point of application. Please complete the form describing your progress:***

**1) Clinical cases**:  
In my foundation year I completed the following CAT Training cases:

**No of CAT Cases: 8 Session ……. 16 session ……. 24 session CATs ………..**

**OR I am continuing to see CAT training for the Foundation award as follows:**

*For submission for ACAT accreditation as a CAT Practitioner/Therapist the following applies: A minimum 8 cases; minimum 128 hours (excluding follow-up sessions); with a minimum of 6 cases which have 16 or more sessions. All three key tools (RL, SDR, GL) must be used in each of the submitted cases, including those of only 8 sessions.*

**2) Academic**

No of Training days attended: ……/……. ……….%

No of hours of seminars attended: ……/……. ……….%

Missed days: If you missed any days please list the topics that you missed

*To qualify for ACAT accreditation as a CAT Practitioner/Therapist you need to meet the criteria of 85% attendance (over two years) for the academic part of the course.*

**3) Assessed work**

Foundation course/Year 1 case study: pass level: ……………………

Foundation course/Year 1 essay: pass level: …………………………..

*Please provide us with copies of marking evaluations.*

***If you have not completed this work please indicate if it is in progress or an intended completion date***

**4) Training therapy**

I have completed a brief personal reformulation: **yes / no** A 16 session CAT: **yes / no**

*To qualify for ACAT accreditation as a CAT Practitioner/Therapist you need to complete a 16 session CAT.*

Signature:

Date:

Please see the Catalyse website [CAT Foundation Graduate Entry](https://catalyse.uk.com/training/cat-foundation-graduate-entry/) page for full details of application requirements and procedure:

<https://catalyse.uk.com/training/cat-foundation-graduate-entry/>