### Practitioner Training in

**COGNITIVE ANALYTIC THERAPY (CAT)**

One Year Foundation course

**Application Procedure**

## HOW TO APPLY

Applicants are invited to submit

1. Application form (including details of referees)
2. A CV
3. Details of source of referrals, assessment arrangements and venue for seeing clients.

In addition, applicants are asked to write:

1. A personal supporting statement of around 750 words giving an indication of:
   * your current therapeutic approach;
   * what you hope to gain from training in CAT;
   * why it is important for psychotherapists to develop an understanding of their own emotional life.
2. One case summary of around 500 words.

Short-listed applicants will then be invited for interview.

Please send your application to the Catalyse administrator at [admin@catalyse.uk.com](mailto:admin@catalyse.uk.com).

*The application fee can be paid online, at this link:*[*https://catalyse.uk.com/shop/cat-practitioner-application-fees-2024/*](https://catalyse.uk.com/shop/cat-practitioner-application-fees-2024/)

**Closing date for applications**: TBA

**Principal date for interviews**: TBA

<https://catalyse.uk.com/training/cat-foundation-graduate-entry/>