### Practitioner Training in

**COGNITIVE ANALYTIC THERAPY (CAT)**

October 2024 – October 2026

**Application Procedure**

## HOW TO APPLY

Applicants are invited to submit

* Application form (including details of referees)
* A CV
* Details of source of referrals, assessment arrangements and venue for seeing clients.
* A personal supporting statement of around 750 words giving an indication of:
  + your current therapeutic approach;
  + what you hope to gain from training in CAT;
  + why it is important for psychotherapists to develop an understanding of their own emotional life.
* One case summary of around 500 words (*A brief account of a 1:1 therapy you have delivered, using any model or approach*)

**Note**: Those applying for the HEE funded pathway should additionally address what CAT will bring to their work with clients with complex early trauma.

Shortlisted applicants will then be invited for interview.

Please send your application & initial application fee of £25, payable by online link**\*** to theCatalyse Administrator – email: [admin@catalyse.uk.com](mailto:admin@catalyse.uk.com) (Tel: 07842 137745)

**Closing date for applications**: 31st May, 2024

**Principal date for interviews**: 28th June, 2024

**\*** You can [**pay the application or interview fee online by clicking here**](https://catalyse.uk.com/shop/cat-practitioner-application-fees-2024/)**.**  Before proceeding to pay online, [**please ensure you read and understand our terms and conditions.**](https://catalyse.uk.com/catalyse-terms-conditions/)

If you wish to pay by cheque or bank transfer, please contact the Catalyse administrator – [admin@catalyse.uk.com](mailto:admin@catalyse.uk.com)