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Catalyse

Available to stream soon: Advanced Skills in Cognitive Analytic Therapy

You or your organisation can subscribe for 3 or 12 months

Catalyse have produced a second set of five training films which will be available to stream soon



Countertransference

Supporting materials accompany each film to use or adapt for training purposes

They illustrate challenging situations that may be encountered in CAT



Alliance Rupture



Difficult Endings

All roles are either played by qualified therapists, or actors with a good understanding of CAT

The films depict a range of difficulties requiring skilled therapist responses



Strong Emotions

They demonstrate good practice in resolving challenges and ruptures



Self States

More details:



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