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## Practitioner Training in COGNITIVE ANALYTIC THERAPY (CAT) October 2023 – October 2025

### Application Procedure

#### **HOW TO APPLY**

Applicants are invited to submit

1. Application form (including details of referees)
2. A CV
3. Details of source of referrals, assessment arrangements and venue for seeing clients.

In addition, applicants are asked to write:

4. A personal supporting statement of around 750 words giving an indication of:
  - your current therapeutic approach;
  - what you hope to gain from training in CAT;
  - why it is important for psychotherapists to develop an understanding of their own emotional life.
5. One case summary of around 500 words (*A brief account of a 1:1 therapy you have delivered, using any model or approach*)

**Note:** Those applying for the HEE funded pathway should additionally address what CAT will bring to their work with clients with complex early trauma.

Short-listed applicants will then be invited for interview.

Please send your application & initial fee of £15, payable to **Catalyse** to:

Frances Free, Catalyse Administrator – address available on request.

Tel: 07842 137745 :: email [frances@catalyse.uk.com](mailto:frances@catalyse.uk.com)

*[You may pay the application fee online, link provided on website & application form].*

**Note:** Emailed applications are welcome.

**Closing date for applications:** 12<sup>th</sup> May, 2023

**Principal date for interviews:** 23<sup>rd</sup> June, 2023

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