

**25** years  
1994 - 2019



# CAT Practitioner Training in the North

A celebration of past, present and future CAT training



17th May 2019 Chancellors, Manchester

**#CAT25conf**

## One day conference on Friday 17<sup>th</sup> May 2019 Chancellors Hotel & Conference Centre, Manchester Provisional Outline

We are delighted to announce more details and open booking for this celebratory day marking a quarter-century of CAT practitioner training and applications of cognitive analytic therapy in the North. The programme includes:

- **Workshops** showcasing a range of ways the CAT model is being implemented and adapted in different clinical settings by practitioners who have trained with us. Workshop details are now being finalised and we hope to have contributions on CAT and leadership, teams, reflective practice, gender and narcissism; applied in intellectual disability, primary care, forensic and perinatal settings; and across different cultural contexts
- Keynote by **Glenys Parry** on **The Gift of CAT: Balancing Risk and Safety**
- **Kathryn Pemberton** will introduce the new **video resources** she developed as tools for creatively enhancing learning on practitioner and other trainings
- **Karen Shannon, Marisol Cavieres, Kate Freshwater** and **Jenny Marshall** on using CAT as a framework for **service development** and **co-production**
- An update on **evidence for the effectiveness of CAT with complex and common psychological problems** by **Steve Kellett**
- A range of **poster and other brief presentations** reflecting further innovative work
- Looking back and looking forward: presentations by the **course team** plus consideration of how we work together to develop and sustain **future CAT training in the North**

Available  
to book now

Hashtag: **#CAT25conf**

Day Rate	£85 including lunch & refreshments £75 for presenters, Catalyse course trainees (years 1 & 2) & Catalyse associates
Evening	£15 to stay for evening drinks reception, meal, and to enjoy the grounds at Chancellors - more details of social events to follow



For further information contact Frances Free [frances@catalyse.uk.com](mailto:frances@catalyse.uk.com) 07842 137745