



## CAT as a Tool for Leadership

Date : Monday 18 May 2020

Time : **9:30am to 4.30pm**

Venue : Red Bank House, Manchester

Cost : **£125 (ACAT member)**

**£140 (non-ACAT member)**

(plus £15 for invoicing)

*Includes lunch and refreshments*

# CAT as a Tool for Leadership



## A one day workshop led by David Harvey

### Giving participants an opportunity

- To understand a CAT approach to trauma
- To use CAT to conceptualise the overwhelming challenges that teams face when working with complex presentations and high levels of risk
- To apply this model at a systems and teams level
- To explore how the model can help guide action and leadership in such contexts

### Who is it for?

- All professionals leading or influencing colleagues, teams or systems supporting service users with complex needs and/or high risks
- Prior CAT knowledge is not a requirement.

### Workshop Outline

- To consider how teams and systems respond to emotional and organisational pressures in ways that inadvertently mirror trauma responses
- To explore how 'traumatised system behaviour' can disrupt effective team working, block pathways through services, delay discharge, impair coordinated care and threaten partnership and multi-agency working
- To apply a CAT understanding of trauma to conceptualise these system problems, generate responses that minimise their impact, and so improve service user care and public protection
- To consider how staff and team care can be enhanced by using this model.

**Hashtag: #CATlead20**

**Book now:**  
book & pay online at  
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