### Practitioner Training in

**COGNITIVE ANALYTIC THERAPY (CAT)**

One Year Foundation course

**Application Procedure**

## HOW TO APPLY

Applicants are invited to submit

1. Application form (including details of referees)
2. A CV
3. Details of source of referrals, assessment arrangements and venue for seeing clients.

In addition, applicants are asked to write:

1. A personal supporting statement of around 750 words giving an indication of:
   * your current therapeutic approach;
   * what you hope to gain from training in CAT;
   * why it is important for psychotherapists to develop an understanding of their own emotional life.
2. One case summary of around 500 words.

Short-listed applicants will then be invited for interview.

Please send your application & initial fee of £15, payable to **Catalyse** to:

Frances Free, Catalyse Administrator – address available upon request.

Tel: 07842 137745 :: email [frances@catalyse.uk.com](mailto:frances@catalyse.uk.com?subject=Manchester%20CAT%20training)

*[Please enquire to pay the application fee online].*

Note: Emailed applications are welcome.

**Closing date for applications**: TBA

**Principal date for interviews**: TBA