

25 years
1994 - 2019



CAT Practitioner Training in the North

A celebration of past, present and future CAT training



17th May 2019 Chancellors, Manchester

#CAT25conf

One day conference on Friday 17th May 2019
Chancellors Hotel & Conference Centre, Manchester
Outline Update: February 2019

Booking is open for this celebratory day marking a quarter-century of CAT practitioner training and applications of cognitive analytic therapy in the North. The programme includes:

- **Workshops** showcasing a range of ways the CAT model is being implemented and adapted in different clinical settings by practitioners who have trained with us. Workshops will include:
 - CAT and Leadership
 - Gender Trauma/Working with Refugees
 - Mindful Noticing
 - Narcissism
 - the Perinatal Period
 - Use of Language
 - Locked wards
 - Intellectual Disability & Systems
 - Sustaining Reflective Practice in Teams
 - Eating Disorder, and
 - Integrating Systemic Social Graces with CAT
- Keynote by **Glenys Parry** on **The Gift of CAT: Balancing Risk and Safety**
- **Kathryn Pemberton** will introduce the new **video resources** she developed as tools to creatively enhance learning on practitioner and other trainings
- **Karen Shannon, Marisol Cavieres, Kate Freshwater** and **Jenny Marshall** on using CAT as a framework for **service development and co-production**
- An update on **evidence for the effectiveness of CAT with complex and common psychological problems** by **Steve Kellett**
- A range of **poster and other brief presentations** reflecting further innovative work
- Looking back and looking forward: presentations by the **course team** plus consideration of how we work together to develop and sustain **future CAT training in the North**

Booking now open

Hashtag: #CAT25conf

Cost £85 including lunch & refreshments
£75 for presenters, Catalyse course trainees (years 1 & 2) & Catalyse associates

A free commemorative mug or USB stick for the first 50 applicants and presenters - also for on sale on the day.

For further information contact Frances Free frances@catalyse.uk.com 07842 137745

