

**25** years  
1994 - 2019



## CAT Practioner Training in the North

A celebration of past, present and future CAT training

17th May 2019 Chancellors, Manchester

**#CAT25conf**

### PROVISIONAL PROGRAMME

#### 9:00 Coffee/ Registration

9:30 Past & Future for the course *Course Team*

10:00 Keynote: The Gift of CAT: Balancing Risk and Safety. *Glenys Parry*

10:35 Workshops session 1 - a choice of 4 areas *Graduates*

#### 11:15 Coffee

11.35 Workshops session 2 - a further 4 workshops *Graduates*

12:20 Come to see my poster: 60 sec poster presentations

12:30 How do we Sustain the Future of CAT North training & hand this on to you all?

#### 12:45 Lunch

13:40 Culture shot – Bringing Stories to Life: Animation and CAT  
*Rhona Brown/Regine Blattner*

13:50 Plenary: Using CAT not Doing CAT. CAT as an Educator & Framework

- Creating a Psychologically Informed Environment  
*Karen Shannon/Marisol Cavieres*
- An Overarching Relational Framework within Forensic Care  
*Kate Freshwater/Jenny Marshall*

14:50 Workshops session 3 – again choose between 4 workshops *Graduates*

#### 15:30 Tea

15:45 - Effectiveness of CAT with Complex & Common Psychological Problems  
*Steve Kellett*

- Making the CAT training films for use in training *Kathryn Pemberton*

16:30 Round up and how CAT in the North will be sustained *All*

16:45 Close

*Workshops include: CAT & Leadership, Gender; Trauma/Working with Refugees; Mindful Noticing; Narcissism; Perinatal Period; Use of Language; Locked Wards; Intellectual Disability and Systems; Sustaining Reflective Practice in Teams; Eating Disorder and Integrating Systemic Social Graces and CAT*

**Evening:** You are welcome to stay on in the grounds, for drinks and to eat together.

***Booking now open with a free custom designed, commemorative mug or USB stick for the first 50 applicants and presenters. Also on sale on the day.***