



Catalyse | Change in Action

1-day Workshop :: Friday, 17th November 2017

Time: 9:30am to 4:30pm

Venue: Elizabeth Gaskell's Hse, Manchester M13 9LW

Cost: ACAT Member :: £125.00

Non ACAT Member :: £140.00

(includes lunch and refreshments)

Please note invoicing incurs a £15.00 additional fee

Working with Self-Harm

A relational approach

An experiential workshop
to promote a
compassionate
understanding of self-harm.
With Cheryl Delisser and
Clive Turpin

Who is it for?

Qualified and trainee CAT
therapists and other
therapists with an under-
standing of CAT
(particularly reciprocal
roles and mapping)

To book online visit
the Catalyse website
www.catalyse.uk.com
to pay by credit or
debit card.

Workshop details:

The day aims to help you collaborate actively
& compassionately with people presenting
with self harm in your work settings, through:

- Developing confidence to ask about and explore self-harm and risk
- Establishing and enhancing a relational understanding of self-harm
- Reflecting on personal and professional pulls that might be encountered when working with risk
- Developing skills in mapping relational patterns which incorporate self-harm
- Exploring the use of CAT mapping in a collaborative approach to risk assessment, management & safety planning
- Remaining mindful about the emotional impact of working with high levels of distress and risk

Event hashtag #CATshr17

For full details and information including terms and conditions and to book your place please visit
<https://catalyse.uk.com/training/cpd/working-self-harm-relational-approach/>
or phone 07842 137745

www.catalyse.uk.com :: twitter.com/catalyse