

Time: 9:30am to 4:30pm

Venue: Elizabeth Gaskell's House, Manchester, M13 9LW

Cost: ACAT Member :: £125.00

Non ACAT Member :: £140.00

(includes lunch and refreshments)

Please note invoicing incurs a £15.00 additional fee

A CAT Approach to Organisational Dynamics



This workshop introduces the use of cognitive analytic therapy in understanding organisational dynamics and addressing organisational issues. The workshop will also introduce concepts for understanding work organisational systems and link these with CAT. Through presentations and participative exercises participants will develop skills in working organisationally from a CAT perspective. There will be space to work on an organisational issue of your own, and to explore ways to develop your supervisory, managerial or organisational roles.

Learning outcomes for participants:

Catalyse | Change in Action

- Understand CAT concepts in relation to organisational dynamics
- Identify the dynamics operating in your own work organisational context
- Develop your sense of the impact of the organisational 'third' on your supervisory, managerial and peer relationships
- Take away learning from the day that is relevant to your own organisational role and will inform 'next steps'

Who is it for?

The day will be relevant if you are a qualified CAT therapist, supervisor or trainer interested in:

- understanding the impact of organisational context on your work
- developing your organisational thinking using CAT
- having a space to consider your working relationships

The day is also open to you if you're a qualified therapist with a good working knowledge of CAT, interested in building an understanding of organisational context upon your familiarity with CAT theory and concepts.

Facilitators:

The workshop will be led by Dr Robyn Vesey and Dr Penny Wilson.

Event Hashtag: #CATorg17

For full details including terms and conditions and to book your place please visit catalyse.uk.com/training/cpd/cat-approach-organisational-dynamics/ or phone 07842 137745

<u>www.catalyse.uk.com</u> :: <u>twitter.com/catalysec</u>