



Catalyse | Change in Action

**2-day Workshop :: 30-Nov-2017 and 1-Dec-2017**

**Time:** 9:30am to 5:00pm

**Venue:** Elizabeth Gaskell's House, Manchester M13 9LW

**Cost:** £260.00

*(includes lunch and refreshments)*

*Please note invoicing incurs a £15.00 additional fee*

# 2-day workshop in CAT Supervision

**An ACAT accredited  
2-day CAT Supervision  
workshop facilitated by  
Debby Pickvance and  
Sarah Littlejohn**

## **Methods include:**

- mapping relational patterns
- experiential exercises
- small group reflection
- role play
- trainer skills and demonstrations

For further detailed information about this workshop, plus additional reflective group session please visit the [Catalyse website](http://www.catalyse.uk)

## **Workshop details:**

Catalyse is offering an intensive 2-day Supervision Workshop for those who are in the process of becoming ACAT accredited supervisors, those who are considering this step, or those wanting to improve their CAT supervision skills. It forms part of the formal ACAT training route - details at this link: [www.acat.me.uk](http://www.acat.me.uk). It offers an ACAT-approved alternative to sitting-in with a senior supervisor.

The training will cover aspects of:

- the relational approach to CAT supervision
- challenges in the supervision relationship
- building a supervisory alliance
- use of self
- parallel process
- working with process in the room
- supervision of development of CAT tools
- dynamics in supervision groups
- enactments and ruptures
- ethical issues

Event hashtag #CATsup17

For full details and information including terms and conditions and to book your place please visit [www.catalyse.uk.com/training/other-training-events/cat-supervision-workshop-30-nov-1-dec-2017/](http://www.catalyse.uk.com/training/other-training-events/cat-supervision-workshop-30-nov-1-dec-2017/)

or phone 07842 137745