

Cololyse Cognitive Analytic Therapy Training Films

Have you used this series of films as part of your training or learning?

Please tell us about your experience



A series of twelve films, suitable for use in introductory, Foundation level and year one of CAT Practitioner level training - portraying a fictional sixteen session CAT therapy through the journey of a client Paul, working together with his therapist Lisa.

Share your feedback by completing a brief survey:

If you're a Trainer: https://s.surveyplanet.com/khd3tmz1

If you're a Learner: https://s.surveyplanet.com/bgbptfn5

Please share your views by 30 September 2023

More details:



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